



Towards a sustainable regional food menu

By

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Background

Some issues of concern related to food production and consumption:

- Emissions of climate gasses
- Use of land and energy – “optimal” use is important!
- Production method (conventional ↔ organic)
- Production place (global ↔ local)
- We eat the “wrong” food!

Local communities are often characterized by:

- Depopulation
- Structural change in the agriculture sector

Many rural areas have a need for
innovation and **new ways of thinking!**





Theoretical tasks

The goal: Conceptualize the concept "Sustainable food" by identifying the crucial criteria for sustainability.

Method: Literature review.

Questions to be answered:

- Which criteria are important when defining sustainability of a given food group?
- What importance have emissions of climate gasses, requirement of resource input in production, whether it is organically grown or from local production"?
- Which types of food groups are sustainable on a general basis?

Our claim:

Focus both on production method/localisation AND type of food.

