

Dealing with environmental challenges of food practices

Bente Halkier
Roskilde University
Denmark

Consumption environmentally challenged

- Rising societal expectations
- Consumption as dynamic and creative:
Agency arguments
- Consumption as stable and structured:
Governmentality arguments

Consumption complexified

- A practice theoretical perspective
- Social life as performativity
- Ordinary practices as multirelational configurations
- Advantages
- Disadvantages

Food and environmental challenges

- Consumption as practices?
- Pro's and con's
- Consumption as part of food practices?
- Pro's and con's

Food performances



- Food practices as improvisation over pleasure
- Food practices as necessities
- Food practices as health
- Planned food practices

Environmental performances

- Routinisation of reflexivity
- Ambivalence between routinisation and reflexivity
- Routinisation as relief from reflexivity



Openings for environmentally friendly elements

- Engagements: pleasures, aesthetics and health
- Procedures: Cooking food from scratch and routinisation

